



Wonderful Ideas for Entertaining

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September 2008

The Complete Casual Hot Lunch

Minimum group size 25 guests - Price per person \$15.95

Salads

(Choose 1)

Our special tossed salad with mixed greens and lots of raw veggies, surrounded by sprouts, served with assorted dressings

Traditional Caesar salad, garnished with mushrooms

Creamy Broccoli coleslaw

New potato salad

Tri-coloured fusilli pasta salad with cauliflower and broccoli florets

Marinated vegetable salad

Layered Greek salad

Entrees

(Choose 1)

Savory roasted chicken

*Spinach stuffed jumbo pasta shells in homemade tomato sauce

Chicken cacciatore

Stuffed chicken breasts

Chicken souvlakia with pita and tzatziki sauce

Chicken curry with white rice

Alberta Roast Beef with pan gravy (requires staff to carve)

BBQ beef on a bun

Beef stroganoff served over egg noodles or rice

Beef lasagne with garlic bread

*Vegetarian lasagne with garlic bread

Baked pineapple ham

Plump chicken fingers with plum dipping sauce

Beef 1/4lb burgers with all the fixings

Chicken breast burgers with all the fixings

*Vegetarian rice and mushroom stuffed green peppers in a homemade tomato sauce

*Cabbage rolls in homemade tomato sauce (with or without meat)

*Cheese or potato perogies with sour cream and onions

served with Ukrainian sausage slices on the side

Potato and rice selections

(Choose 1 where not indicated with entree)

Mashed potatoes

Oven roasted potatoes

Baked potato with sour cream

Penne or linguini pasta

Rice pilaf

Swarty hash browns potato casserole

VIP's Gourmet Catering

(403) 720-8445

05.09.07



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Vegetable sides

(Choose 1)

California vegetable mix
Green French cut beans
Peas with carrots
Sweet kernel corn
Glazed baby carrots

Desserts

Assorted squares including
Brownies, Nanaimo bars, carrot cake & butter
tart squares

or

Homemade cookies including:
Chocolate chip, oatmeal raisin, peanut butter
and crackle top molasses
(½ and ½ platters available)

No dinner rolls or beverages are provided with this menu but are available at extra costs.
This menu is a luncheon menu, if you choose this for a dinner service it may not provide enough dinner
size portions .

We provide all disposable wares with this menu.

Staff costs apply where required.

Delivery and pick up charges apply.

Upgrade to china, cutlery with linens is available at regular
rental rates.

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